

January is Rutabaga and Turnip

Awareness month

They are often confused



Rutabagas

Yellow Flesh

Sweet taste

All roots trimmed

Often 5-8" in diameter

Also called:

Turnips (Scandinavians)

Swedish Turnips (England)

Swede

Turnips

White Flesh

Sharp 'bite' to the taste

Tap Root remains

Rarely more than 3-4"

Also called:

Purple Tops

Navet (French)

Navet in French slang means
something bad or unpleasant

(Boy, the French never mince words when it comes to food!)

Try them both

Roasted, Sliced and boiled, Mashed,
Rutabagas Mashed with Potatoes & Carrots (Very Swedish!)